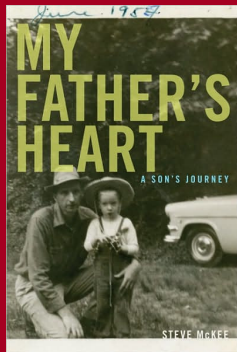




**“But most of all, he discovers in the most ordinary way to die ... a perspective on how to live.”**  
– Publishers Weekly



### **THE HEART OF THE MATTER**

Sixteen-year-old Steve McKee watched his father- a lifelong smoker and workaholic—die of a heart attack on the couch in their TV room. Nearly four decades later, at age fifty-two and after a lifetime of exercise and healthy living, Steve McKee learned that he was his father’s son more than he had ever imagined—he too has serious cardiovascular disease.

**“... Readers can't help but root for him to make it through the story both wiser and healthier.”**

Kirkus Reviews

### **THE STORY OF THE HEART**

Steve’s first efforts to write about the impact of his father’s death occurred in his senior year at college. Those first tentative steps led to two articles that later appeared in the Wall Street Journal—one in 1997 and the other in 2005. It is the 2005 article and the incident that gave rise to it—discovering his own critical heart disease—that culminated in the son (now a father himself) writing a story of loss and personal recovery. *MY FATHER’S HEART: A Son’s Journey* is a story of forgiveness and hope.

### **STEVE’S MESSAGE**

Lessons from Heredity  
Battling Heart Disease is an Every Day Decision  
Recovery is Learning to Let Go

### **ABOUT STEVE MCKEE**

Currently an editor on the global Copy Desk of the Wall Street Journal, McKee was the original writer of the online Journal’s popular sports column, “The Daily Fix.” He has been involved with the Journal’s Olympics coverage since the Atlanta Games in 1996 and was on the ground at both the Salt Lake City Games in 2002 and the Torino Games in 2006. Before joining the Journal in 1994 he was for about a year the managing editor off the fitness magazines “Exercise for Men Only” and “Men’s Exercise.” He was also a copy editor at American Health magazine where he also wrote profiles of Olympic athletes. A lifelong fitness devotee, Steve has run one marathon. Steve McKee is the author of two earlier books, “The Call of the Game” about a year spent traveling to sports events in America, and “Coach.”